

October 30, 2025



Dear Parents/Guardian,

This year, the **Westwood Senior Weekend Ski Trip** will take place on **February 13-15, 2026**. Students will have the privilege of skiing at 2 different mountain resorts: **Stoneham Ski Resort and Mont St-Anne**. The trip is open to all **Grade 11 students**. We will be staying at **Chalets Montmorency** located approximately 1 km from the base of Mont St-Anne. All condos are fully equipped with a kitchen and accommodations for 6-8 per condo, divided by gender.

Itinerary:

We will be departing from school at 8:00 AM on Friday February 13th, 2026 and will arrive at Stoneham at 11:45 AM. We will stay at the hill until 6:00 PM, and en route from Stoneham to the chalets, we will stop at an IGA so students can buy food for the weekend. On Saturday, students will be skiing at Mont St-Anne from 9:00 AM to 4:00 PM. On Sunday, students ski at Mont Ste-Anne from 9:30 AM to 2:45 PM, and leave the condos at 3:15 PM to return back to Westwood. Our estimated arrival time is 7:15 PM.

All beginners will receive a free lesson at Stoneham, which must be arranged with Ms.Sanders before we leave. If rentals are needed, they too must be paid for and arranged for before we leave.

The cost of the trip is **\$470.00** taxes included, which include all transportation, lodging, ski lessons and lift tickets. This does not include food.

Payments can be made as follows: (cheques payable to "Westwood Senior High School")

Option 1: 1 x cheque in the amount of **\$470** due November 10, 2025

Option 2: 2 x cheques in the amount of **\$235** each, dated November 10, 2025 & November 31, 2025.

Option 3: Cash (**\$470**) due at sign-up.

Mandatory Security Deposit: A separate cheque in the amount of **\$40** (payable to "Westwood Senior High School") is required upon registration and will be returned to the students after the trip, provided no damage has been done to the condo by the group. Cash will not be accepted for the security deposit.

All forms and cheque(s) are due no later than **November 14th, 2025**. Please put the name of the participant on the back of the cheque. Condo groupings will be arranged shortly after the payment deadline. **Space is limited.** We have room for 50 students (first come first served) with all payments and forms submitted.

Thank you for your support in making this event possible and we hope conditions will be great.

Sincerely yours,

Melissa Sanders (Trip Coordinator)



Westwood High School
SKI & SNOWBOARD TRIP ITINERARY
February 13-15, 2026

Friday, Feb. 13

- 07h30 Bus will arrive at **Westwood HS** 69 Côte Saint-Charles, Hudson, QC J0P 1J0
- 08h00 Departure from Westwood HS. Use Hwy 30 toll road.
- 11h45 Arrival at **Stoneham Ski Resort**
- 12h00 Lunch in the cafeteria (student's expense)
- 12h15 Persons requiring equipment rentals will go to **Sports Alpins**
Eat lunch in the cafeteria (bring from home)
- 12h30 Beginner ski and snowboard lessons (must register in advance with Ms. Sanders)
- 18h00 Departure from Stoneham. Stop at IGA for groceries near Stoneham (355 Ch. Hibou).
- 19h00 Arrival at **Chalets Montmorency Condos**. Check-in.
- 22h00 Students in their respective condos.

Saturday, Feb. 14

- 07h30 Wake-up. Breakfast in your condos.
- 08h45 Meet at the teacher's condo. Retrieve your lift passes.
- 09h00 Coach bus to **Mont Sainte-Anne**.
- 16h00 Return back to the condos by coach bus
- 18h00 Supper in your condos.
- 20h00 Evening activity organized by the teachers.
- 22h00 No noise outside of the condos after 10:00 p.m.

Sunday, Feb. 15

- 08h00 Wake-up. Breakfast in your condos.
- 09h00 Condos must be left clean. Dishes clean, garbage outside, etc. Teachers will inspect your condos prior to loading the coach bus.
- 09h30 Coach bus to **Mont Sainte-Anne**. Ski and snowboard 😊😊😊
- 14h30 Return rental equipment to Mont Ste. Anne
- 14h45 Meet the coach bus in the Sainte-Anne parking lot.
- 15h00 Return to **Chalets Montmorency Condos** to retrieve luggage.
- 15h15 Departure for Montreal. ☹️☹️☹️
- 19h15 Approximate arrival time at Westwood HS

Phone Number at **Chalets Montmorency Condos** (418) 826-2600

Application Form:

Family Name:		First Name:	
Address		City	Postal Code
Telephone		Email Address	
I am a.... <input type="checkbox"/> skier <input type="checkbox"/> snowboarder	Level <input type="checkbox"/> Beginner <input type="checkbox"/> Novice <input type="checkbox"/> Intermediate <input type="checkbox"/> Advanced	If you require rental equipment, please indicate below <input type="checkbox"/> skis (add \$111) Rental details <input type="checkbox"/> snowboard (add \$111) Height _____ <input type="checkbox"/> helmet (add \$30) Weight _____ Shoe Size _____ Foot forward (snowboard only) R or L	

Payment Options:

- ☐ cheque*
☐ cash

Payment Schedule:

November 10, 2025 \$ _____
November 31, 2025 \$ _____
Rentals \$ _____

**A \$15 service charge will be assessed for any cheques returned by your financial institution.*

Refunds: There is a minimum \$235 penalty on **all** refunds. There is **no refund** for cancellations less than 45 days prior to the departure.

Equipment Rentals: If you require equipment rentals, please add to your second payment. Helmets are compulsory for all students.

Roommate Request**

- | | |
|----|----|
| 1. | 2. |
| 3. | 4. |
| 5. | 6. |

****Roommate assignments will be subject to approval by the school.**

All students will be required to sign and respect the Behaviour Contract. Any unacceptable behaviour will result in a telephone call home informing you that your son/daughter will be sent home at your expense. There will be no refunds issued under these circumstances. I understand that you are acting as agents for the bus, ski centre, and/or restaurant service, if provided, and hereby waive any claims of any nature whatsoever. While you will be provided competent staff and all reasonable precautions will be taken to avoid injury or damage, I fully accept that accidents may occur and, consequently, I hereby waive, renounce, and release you and/or the staff from any and all liabilities of any nature whatsoever. Moreover, I hereby waive, renounce and release you from any claim with respect to loss or damage of property.

Signature (Parent or Guardian)

Date



ADDENDUM D

Authorization for School / Centre Activity

School name	Westwood Senior High School
Activity description (Refer to the information letter if applicable)	Mt. Ste-Anne's ski weekend
Group participating and approximate number of participants	50 students, 4 adults
Special requirements / skills	ski / snowboard
Educational objectives	recreation
Location	Stoneham + Mt. Ste-Anne
Date(s)	February 13 - 15, 2026
Supervision (description and ratio)	1:13 teacher / student
Person(s) in charge	Melissa Sanders
Method of Transportation	coach bus
Cost	\$ 470

PERMISSION AND RELEASE

NAME OF STUDENT: _____ GRADE LEVEL / PROGRAM: _____

1. The undersigned declares that the above named student is a minor in their legal charge.
2. The undersigned acknowledges full awareness of the risks involved in this activity, and accepts the arrangements for supervision as noted above;
3. Consequently, the undersigned hereby grants permission for the above named student to participate in this activity.
4. A signed Emergency Medical Treatment Form is on file. Please communicate immediately to the school's main office any revisions or changes to your child's medical status.
5. The undersigned acknowledges that, in the event of an emergency during the outing, supervisors will be contacting those individuals identified in the child's active file. Please ensure that the information provided in this file is up to date.
6. If necessary, the undersigned authorizes the student to be carpooled.

Name_____
Relationship (parent, tutor or legal guardian)_____
Signature_____
Date

This form must be completed for all types of trips or activities off school premises

Westwood Senior High School Field Trip Behaviour Contract

In being permitted to attend the 2026 Westwood Senior Ski Trip to Stoneham and Mont Sainte Anne, during the dates of February 13, 2026 to February 15, 2026 , I _____ agree to abide by the regulations put in place. I agree to:

General Rules

- 1) Be on time for all scheduled departures, curfews, and parent pick up and drop off.
- 2) Respect all trip participants, condo guests, employees, property of the facility and transportation vehicles.
- 3) Behaviors that cause emotional, mental or physical harm to another person will not be tolerated.
- 4) Abstain from the use, possession and selling of drugs of any kind or format. (Items will be confiscated). I also agree that at any point my bags may be searched if there is a suspicion of a breach of trust or violation of this rule.
- 5) Pay for any loss of items, damage or vandalism etc. to the facilities caused by my actions.
- 6) Take full responsibility for my actions and behavior on this trip and respect the space and belongings of all participants. I will be in possession of only my belongings.
- 7) Follow the instructions and directions of the ski trip leaders at all times. Failure to do so will be seen as insubordination and as such will be treated as a potential safety risk.
- 8) All groupings and room/condo assignments must be adhered to (no switching). Curfew is 11pm – students must be in their assigned room or condo (no visiting after 11pm). Rooms and condos are out of bounds from 9am to 3:30pm every day. Hotel and resort rules and regulations must be followed at all times (noise kept to a min., no smoking in the hotel or condo). All students must supply food for all their meals. Students wanting to leave the premises at any time must get permission from a leader. No outside visitors, not part of the trip are allowed – for any reason.

Ski Hill Rules:

All students must be at the hill or on the slopes from 9am to 3:30 pm. Rules and regulations on the slopes must be adhered to.

Failure to comply with the stated conditions will result in the student(s) being sent home from the trip. The student/parents will be responsible for paying all costs associated with the travel back to his or her home. Sending a student home with or without supervision will be at the discretion of the trip leader.

In case of an altercation, all students involved will be dealt with according to the decisions of the trip leaders and if necessary in consultation with administration. In all cases the trip leader, (in consultation with administration if necessary) will make the final decisions regarding the consequences assigned to the student – at the hill, at the school upon their return – or both.

If at any point I am sent home, I am aware that I will not receive a reimbursement or refund. Acceptance on this field trip is conditional on the student maintaining good standing and displaying appropriate and acceptable behavior during the school year.

I _____ (parent /guardian – please print) have read the contract and agree with all conditions and consequences. I am aware that I will be responsible for costs associated with my child being sent home from the trip and that I am not entitled to a refund.

I, _____ (Student - please print) have read and understood all the conditions and expectations of this contract and agree to adhere to all rules and regulations. I understand that failure to comply will result in me being sent home. I also understand that I may be required to undergo other sanctions and or consequences from the school as a result of my actions.

Signature _____ (parent/guardian)

Signature _____ (student)

Date of signature: _____



EMERGENCY MEDICAL TREATMENT FORM

WESTWOOD HIGH SCHOOL - SENIOR CAMPUS

STUDENT'S NAME:

GRADE LEVEL:

STUDENT'S QUÉBEC HEALTH INSURANCE NO:

EXPIRY DATE:

MEDICAL ALERTS, ALLERGIES, ETC. (SPECIFY TYPE):

IF MEDICATION HAS BEEN PRESCRIBED, PLEASE SPECIFY TYPE:

- If the student is using prescribed medication for asthma and/or allergies, he/she must carry this medication on his/her person at all times. Failure to do so will result in the student being disallowed from participating in this event.
- You are responsible for submitting a revised form if there are any changes in the medical information you are providing.

NAME OF FAMILY PHYSICIAN (IF AVAILABLE):

EMERGENCY MEDICAL TREATMENT

The Undersigned hereby agrees that, in the event that I or my spouse or parent/tutor/guardian cannot be contacted within a reasonable period of time, the person in charge be appointed to authorize the admission to hospital, if deemed necessary by a medical doctor, and emergency medical treatment recommended by a medical doctor be given to the above named student while participating in this activity, trip and related events.

NAME OF ADULT STUDENT, PARENT, TUTOR OR LEGAL GUARDIAN(s) PLEASE PRINT _____

HOME ADDRESS: _____

HOME TELEPHONE #: _____ ALTERNATE TELEPHONE #: _____

BUSINESS TELEPHONE NO: _____

Father

Mother

CELL NO.: _____

Father

Mother

GUARDIAN Home # _____ Cell # _____

SIGNATURE AND RELATIONSHIP

DATE